GUIDELINES AND PROTOCOLS FOR RETAIL WORKERS

As we continue to navigate through the current public health crisis triggered by COVID-19, the Marblehead Board of Health is offering guidelines and protocols regarding the use of personal protective equipment (PPE). PPE, like gloves, can be worn to minimize exposure to COVID-19.

When utilizing PPE like gloves in a retail setting, employees should adhere to the following guidelines:

- Gloves should be consistently and properly worn.
- Gloves should be regularly inspected, maintained and replaced as necessary.
- When removing the disposable gloves:
  1) Pinch and hold the outside of the glove near the wrist area.
  2) Peel downwards, away from the wrist, turning the glove inside out until its is completely removed and hold it with the gloved hand.
  3) With your ungloved hand, slide your finger(s) under the wrist of the remaining glove, taking care not to touch the outside of the glove.
  4) Peel downwards, away from the wrist, turning the glove inside out over the inside-out glove being held in your gloved hand,
  5) This will help ensure that both gloves are inside out with no contaminant on the bare hands. This will reduce the risk of transmission.
- Dispose of soiled gloves in an appropriate manner.

Other strategies that can help reduce the transmission of COVID-19 include the following:

- Wash your hands often with soap and water for at least 20 seconds especially after handling large amounts of products or money or after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Frequently sanitize/disinfect conveyor belts and other high-touch surfaces such as keyboards, credit card machines and cash registers.
- As best as possible, maintain at least 6 feet of social distance as prescribed by the CDC guidelines.
- Avoid close contact with people who are sick. Close contact with an individual would be considered face to face contact within 6 feet for more than 15 minutes.
- If COVID-19 is spreading in your community, place distance between yourself and other people. This is especially important for people who are at a higher risk of becoming severely ill, such as the elderly or those who have pre-existing medical conditions.
  - If you think you have been exposed to COVID-19 and/or develop a fever and symptoms (such as a cough or difficulty breathing) please follow the guidelines issued by the CDC.
  - Most importantly, if you are not feeling well, stay home. This will help reduce the spread of any diseases.