Effective August 1<sup>st</sup>, all visitors and Massachusetts residents returning home, including students returning to campuses for the fall semester, must fill out a "Massachusetts Travel Form" and quarantine for 14 days unless they are coming from a COVID-19 lower risk state, Connecticut, Hawaii, Maine, New Hampshire, New Jersey, New York, Rhode Island and Vermont or they can produce a negative COVID-19 test result administered no more than 72 hours prior to arriving in Massachusetts, or they are included in one of the other, limited exemptions. If you took a test prior to your arrival but have not received your negative result, you must quarantine until you receive the negative result. You may obtain a test at your own expense after your arrival in Massachusetts, but you must quarantine until you obtain a negative result.

The quarantine must continue for a period of 14 days unless the traveler leaves the State sooner.

The requirements for quarantining are as follows:

- Travelers, along with their travel party, must be separate from all other people for 14 days.
- Travelers must not be in public or otherwise leave the identified quarters.
- The living quarters must have a separate bathroom facility for each individual or family group. Access to a sink with soap, water, and paper towels is necessary.
  Cleaning supplies (eg household cleaning wipes, bleach) must be available in the bathroom.
- Travelers must have a way to self-quarantine from other household members if a fever or other symptoms develop, in a separate room(s) with a door.
- During the quarantine period, no one else should be in the living quarters other than those in the Travel Party, including hotel staff or delivery persons, as applicable.
- Food must be delivered to the living quarters.

Failure to complete Travel Form or failure to comply with the quarantine if applicable may result in a \$500 fine per day.

Thank you for helping us protect our state and residents.

If you or someone you know is having a difficult time remember to take care of your emotional health:

Call 211 and choose the Call2talk option or The Disaster Distress Helpline 1-800-985-5990 which is available 24hours a day 7 days a week.

Thank you