

GUIDELINES AND PROTOCOLS FOR RETAIL WORKERS

As we continue to navigate through the current public health crisis triggered by COVID-19, the Marblehead Board of Health is offering guidelines and protocols regarding the use of personal protective equipment (PPE). PPE, like gloves, can be worn to minimize exposure to COVID-19.

When utilizing PPE like gloves in a retail setting, employees should adhere to the following guidelines:

- Gloves should be consistently and properly worn.
- Gloves should be regularly inspected, maintained and replaced as necessary.
- When removing the disposable gloves:
 - 1) Pinch and hold the outside of the glove near the wrist area.
 - 2) Peel downwards, away from the wrist, turning the glove inside out until its is completely removed and hold it with the gloved hand.
 - 3) With your ungloved hand, slide your finger(s) under the wrist of the remaining glove, taking care not to touch the outside of the glove.
 - 4) Peel downwards, away from the wrist, turning the glove inside out over the inside-out glove being held in your gloved hand,
 - 5) This will help ensure that both gloves are inside out with no contaminant on the bare hands. This will reduce the risk of transmission.
- Dispose of soiled gloves in an appropriate manner.

Other strategies that can help reduce the transmission of COVID-19 include the following:

- Wash your hands often with soap and water for at least 20 seconds especially after handling large amounts of products or money or after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, use a hand sanitizer that contains at least 60% alcohol. Cover all surfaces of your hands and rub them together until they feel dry.
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Frequently sanitize/disinfect conveyor belts and other high-touch surfaces such as keyboards, credit card machines and cash registers.
- As best as possible, maintain at least 6 feet of social distance as prescribed by the CDC guidelines.
- Avoid close contact with people who are sick. Close contact with an individual would be considered face to face contact within 6 feet for more than 15 minutes.
- If COVID-19 is spreading in your community, place distance between yourself and other people. This is especially important for people who are at a higher risk of becoming severely ill, such as the elderly or those who have pre-existing medical conditions.
- **If you think you have been exposed to COVID-19 and/or develop a fever and symptoms (such as a cough or difficulty breathing) please follow the guidelines issued by the CDC.**
- **Most importantly, if you are not feeling well, stay home. This will help reduce the spread of any diseases.**