

TOWN OF MARBLEHEAD Board of Health

Todd Belfbecker, Chair Helaine R. Hazlett Michelle Gottlieb

(781) 631-0212 7 Widger Road Marblehead, MA 01945 Andrew Petty, Director

MARBLEHEAD CASE REPORTING

Case Count

The Marblehead Health Department will make weekly updates on Friday, of confirmed cases, December 18, 2020.

Confirmed cases (recent guidance categorizes all confirmed or presumptive positive cases as positive): 558

(December 11 count was 503)

Active cases: 81

Confirmed deaths: 31

12 24 11 18 20 20 5 70-79 years 40-49 years 0-19 years 20-29 years 30-39 years 50-59 years 60-69 years +08 Total Cases by Age Group from 12/3/2020-12/17/2020

3331 COVID Tests taken by Marblehead Residents in the last 14 days 4.32 % positive

Average Daily Incidence Rate per 100,000 (Last 14 Days) 45.0

We are currently a Yellow Community Per the Massachusetts Average Daily Incidence Rate Per 100,000 Color Calculation

Social gatherings are contributing to these increases. Transmission is often occurring in homes as well as in the work place. 23.66% of the 558 confirmed cases and 96.667% of the reported coronavirus-related death were either residents or staff members at one of Marblehead's long term care facility.

Marblehead Health Department (MHD) data regarding case counts come directly from Massachusetts Department of Public Health (MDPH) and their surveillance system (MAVEN). We use the language and terminology per the Centers for Disease Control and Prevention (CDC) guidance, and *recent guidance categorizes all confirmed or presumptive positive cases as positive.*

Please remember that all persons in Massachusetts over the age of 5 are required to wear a mask or face-coverings over their mouth and nose when in a public location, whether indoors and outdoors. Public locations include any place open to the public including, without limitation, grocery stores, pharmacies, and other retail stores; public transportation, taxis, livery, and other ride-sharing vehicles, public streets and ways, and any location that hosts indoor and outdoor events and performances. Masks or cloth face coverings are also required when in a carpool with non-household members'.

As we enter the December holiday season, residents are urged to follow the public health guidance that we know will help keep people safe. This year we ask residents to:

- Limit in-person celebrations to household members only
- Postpone or cancel travel this holiday season. If you do choose to travel, be aware of and comply with Massachusetts
 travel order requirements.
- Follow the current state gathering size limits and sector-specific workplace safety standards



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Other Recommendations and Guidance

- Always wear your mask and watch your distance. (Remove your mask only for eating and drinking.)
- For 10 days before and after holiday gatherings, monitor yourself closely for fever and other symptoms of COVID-19, minimize contact with other people, and leave home only for essential services like going to work, buying groceries, and appointments with doctors; OR,
- Obtain a negative result from a COVID-19 test, on a sample obtained within 72 hours of the celebration. Even with a
 negative test you must be vigilant about masking and distancing when you are around individuals you do not live
 with.
 - Testing only indicates whether a person may have COVID-19 at the moment of the test. You can still become sick with COVID-19 after your test and before your celebration.
 - Testing information can be found at www.mass.gov/GetTested
- Do not share food, drink, or any utensils, including serving utensils.
- Seat people with plenty of space (at least six feet) from one another while dining.
- Consider seating people at smaller tables in multiple rooms instead of around a large family table.
- Improve ventilation by opening windows and doors.
- If setting up outdoor seating under a tent, ensure guests are still seated with physical distancing in mind. Enclosed 4-wall tents will have less air circulation than open air tents and should be considered indoor spaces (check also fire codes for heating tents).
 - If outdoor temperature or weather forces you to put down the tent sidewalls, consider leaving one or more sides open or rolling up the bottom 12 inches of each sidewall to enhance ventilation while still providing a wind break.

Provide supplies to help everyone to stay healthy. These include extra masks (do not share or swap with others), hand sanitizer that contains at least 60% alcohol, and tissues. Stock bathrooms with enough hand soap and single use towels.

<u>All travelers</u> arriving to Massachusetts – including returning residents, who do not meet an exemption, are required to self-quarantine for 14 days or produce a negative COVID-19 test result, except travelers from Hawaii and. If you had close contact with a person who has been diagnosed with COVID-19, get tested, self-quarantine (stay home) and monitor your health for symptoms of COVID-19 for 14 days after your last contact (even if you have a negative test result).

Additional Information can be found at the following links

Daily Dashboard Mass.gov

www.mass.gov/info-details/covid-19-response-reporting#covid-19-daily-dashboard-

COVID-19 Weekly health Report

www.mass.gov/info-details/covid-19-response-reporting#covid-19-weekly-public-health-report-

Positive COVID cases in Schools

www.doe.mass.edu/covid19/positive-cases/

Weekly Case report will now come out on Friday morning after 9am, to be more in line with the state