

April Puree Menu 2024

Monday	Tuesday	Wednesday	Thursday	Friday
1 Turkey & Gravy Mashed Potato Carrots Healthy Shake Applesauce	2 Stuffed Shells w/Marinara Cauliflower Healthy Shake Fruit	3 Steak w/Gravy Mashed Potatoes Butternut Squash Healthy Shake Puuding	4 NO MEALS Volunteer Appreciation Day	5 Breaded Fish Peas Mashed Potatoes Yogurt Juice Healthy Shake
8 Sesame Chicken Sweet Potatoes Healthy Shake Fruit	9 Dijon Pork Peas Cinnamon Apples Healthy Shake Puuding	10 Beef Burgundy Noodles Carrots Healthy Shake Fruit	11 Cold: Egg Salad Beets Potato Salad Yogurt Healthy Shake	12 Lemon Cod Mashed Potatoes Creamed Spinach Healthy Shake Fruit
15 No Meals Patriots Day	16 Broccoli Egg Bake Mashed Potatoes Carrots Yogurt Juice Healthy Shake	17 Chicken w/Marinara Sauce Pasta Cauliflower Healthy Shake Fruit	18 Meatloaf w/Gravy Mashed Potatoes Peas Healthy Shake Fruit	19 Pork Roast w/Apples Sweet Potatoes Cauliflower Healthy Shake Puuding
22 Beef w/Gravy Carrots & Peas Mashed Potatoes Puuding Healthy Shake	23 Balsamic Chicken Pasta Butternut Healthy Shake Fruit	24 Cold: Turkey Pasta Salad Fruit Healthy Shake Yogurt	25 BBQ Pulled Pork Sweet Potatoes Cauliflower Applesauce	26 Garlic Dill Salmon Orzo Carrots Healthy Shake Puuding
29 Chicken Alfredo Pasta Peas Healthy Shake Fruit	30 Turkey & Gravy Mashed Potatoes Beets Healthy Shake Fruit	Nutrition Questions? Contact Michelle Zelikman @ 978-624-2263 or mzelikman@agespan.org Menu subject to change without notice. A \$2 donation per meal is suggested. Donation letters are mailed monthly.		

To Cancel Meals: Please call 978-624-2263 at least 24 hours prior to service.

