

NOTES:

**FAMILY MEMBERS
ARE HOME AND
ALL OK**

Resident Disaster Preparedness Guide

Town of Marblehead



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Dear Resident,

The Town of Marblehead like all communities in Massachusetts has the risk of several natural and man-made disasters. Residents should take time to prepare and develop family plans well in advance for these events

This booklet has been prepared for the residents of Marblehead, to help answer questions and prepare our citizens for such emergencies. We hope that you find this guide useful.

Please do not hesitate to call Emergency Management Director, Jason R. Gilliland or Deputy Director Charles Cerrutti if you have any questions.

Marblehead Fire Department
781-631-0142

Chief Gilliland's Cell Number
781-983-3580

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FAMILY MEMBERS HOME AND NEED ASSISTANCE

Town of Marblehead Evacuation Assistance Special Needs Registration (Cont.)

Special Need (Check all that apply)

- | | |
|---|---|
| <input type="checkbox"/> None | <input type="checkbox"/> Geri Chair |
| <input type="checkbox"/> High Blood Pressure | <input type="checkbox"/> Heart Disease |
| <input type="checkbox"/> Dialysis | <input type="checkbox"/> Stroke Treatment |
| <input type="checkbox"/> Wheelchair User | <input type="checkbox"/> Memory Impaired |
| <input type="checkbox"/> Mental Health Impaired | <input type="checkbox"/> Service Dog |
| <input type="checkbox"/> Speech Impaired | <input type="checkbox"/> Hearing Impaired |
| <input type="checkbox"/> Breathing | <input type="checkbox"/> Emphysema |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Diabetes/Insulin Dependent |
| <input type="checkbox"/> Bed Ridden | <input type="checkbox"/> Incontinence |
| <input type="checkbox"/> Sight Impaired | <input type="checkbox"/> Feeding Tube |
| <input type="checkbox"/> Ventilator | <input type="checkbox"/> Walker/Cane |
| <input type="checkbox"/> Oxygen; LPM: _____ | |
| <input type="checkbox"/> Kidney Disease Dialysis; Location: _____ | |
| <input type="checkbox"/> Electric Dependent; Reason: _____ | |
| <input type="checkbox"/> Other; Explain: _____ | |

By signing this form, I give my authorization for the medical information contained herein to be released to the local health, fire, police, and emergency management departments and receiving facilities for the purpose of evaluating my needs and providing emergency transportation and sheltering. The information contained here will remain confidential.

Signature: _____ Date: _____

For Official Use Only

Transport to:

- ☐ General Shelter ☐ Special Needs Shelter ☐ Other

Type of Transport:

- ☐ Own Vehicle ☐ Van/Bus ☐ Wheelchair Only
☐ Stretcher ☐ Ambulance

Fire District: _____ Grid: _____ Evac Level: _____

Shelter Code: _____ Shelter Name: _____

Emergency Telephone Numbers

Public Safety

Emergency Ambulance..... 911
 Emergency Fire..... 911
 Emergency Police..... 911
 Emergency TTY..... 911

Non-Emergency Ambulance..... 978-531-5422
 Non-Emergency Fire..... 781-631-0142
 Non-Emergency Police..... 781-631-1212

Hospitals

Salem Hospital 978-741-1200
 Beverly Hospital 978-922-3000
 Lahey Hospital 781-744-5100
 MGH Hospital 617-726-2000

Utilities

Marblehead DPW..... 781-631-1750
 Marblehead Electric Light..... 781-631-5600
 Water & Sewer Dept..... 781- 631-0102

Emergency Information Sources

Community Information

Town of Marblehead Website.....<https://www.marblehead.org/>
Fire Department Facebook.....<https://www.facebook.com/marbleheadfire>
Town of Marblehead Twitter Handle.....<https://twitter.com/townofmhd?lang=en>

Local News Radio Stations

Radio Station – WBZ News Radio – 1030 AM
Radio Station – WBOQ – 104.9 FM
Radio Station – WXKS – 108 FM

Massachusetts Emergency Management Agency

Website – www.mass.gov/mema
Facebook – www.facebook.com/MassachusettsEMA
Twitter – [http://twitter.com/MassEMA](https://twitter.com/MassEMA)

Be sure to have a battery-operated or hand crank radio for use in an emergency. You can also use your car radio.
(Run vehicle outside, not in a garage.)

Emergency Notification System

The Town of Marblehead utilizes the Code Red emergency notification system, as the primary means of alerting residents to natural and manmade emergencies. We encourage all residents to register at the link below.

<https://public.coderedweb.com/cne/en-US/FF7A74D708C0>

Emergency Dispensing Site

As part of Town of Marblehead's emergency plan, the Gene & Judy Jacobi Community Center at 10 Humphrey Street has been designated as the site for citizens to receive mass vaccinations or medications as determined by the nature of a public health concern.

Town of Marblehead Evacuation Assistance Special Needs Registration

Please complete this form and return to:
Marblehead Fire Department
1 Ocean Avenue

Last Name: _____ First Name: _____

DOB: ____/____/____ Sex: ☐ Male ☐ Female

Street: _____ Lot/Apt # _____

House Phone: _____ Cell Phone: _____

I REQUIRE TRANSPORTION ASSISTANCE: ☐ YES ☐ NO

Emergency Contacts

Name: _____ Phone: _____

Relationship: _____

Name: _____ Phone: _____

Relationship: _____

Prearranged: ☐ Hospital ☐ Nursing Home ☐ ALF

Facility Name: _____ Phone: _____

Doctor's Name: _____ Phone: _____

Living Situation: ☐ Alone ☐ Relative ☐ Other

☐ Single Family Home ☐ Mobile Home

☐ Apt./Condo, Complex Name: _____

☐ Care Taker: _____

☐ Hospice, Team: _____

☐ Home Health: _____

Do you have a pet? ☐ YES ☐ NO

Arrangements for pet completed? ☐ YES ☐ NO

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**FAMILY HAS
EVACUATED THE
HOME**

Evacuation Location:_____

Emergency Contact Information

Make sure to have a plan ready before a disaster occurs. This plan should include:

1. A family meeting place.
2. A pre-designated out-of-town location to seek shelter (Family, friends, hotel, etc.)
3. A plan to communicate with someone unaffected by the disaster and ensure they are aware of your location and condition.

Contacts	Name	Number
Local Emergency Contact (neighbor, closest family)		
Out-of-Town Emergency Contact		
Preferred Hospital		
Family Doctor		
Pediatrician		
Poison Control Center		
Pharmacy		
Employer Contact and Emergency Information		
School Contact and Emergency Information		
Religious Organization Contact		
Veterinarian		
Medical Equipment Supply Information		
Other Important Information		

Shelter Information

If the need arises during any emergency for citizens to access safe housing, food, water, electricity, or other services, the Town of Marblehead will open a shelter to assist residents. If you require any of these services, please access the community information sources listed on page 2 of this guide to learn where they are being provided, or contact your emergency management director.

Whether you stay at home or evacuate during an emergency, please utilize the following system. This system will allow public safety personnel to prioritize their resources and make the most effective use of their efforts during a crisis.

FAMILY MEMBERS ARE HOME AND ALL OK	GREEN CARD IN STREET-FACING WINDOW
FAMILY MEMBERS ARE HOME AND NEED ASSISTANCE	RED CARD IN STREET-FACING WINDOW
FAMILY HAS EVACUATED THE HOME	YELLOW CARD IN STREET-FACING WINDOW

(These cards can be found at the end of this booklet)

Companion Animal Preparedness

Always have spare food, bedding, medications, leash, collar, and vaccination certifications for any companion animals you may need to bring with you in the event of an evacuation, along with contact information for any hotels in the area that allow pets. Before evacuating, contact the emergency management director for information on shelters in the area that are able to accept pets.

Severe Weather: Warning vs. Watch

Severe weather information is issued by the National Weather Service. A warning is issued when hazardous weather is imminent or very likely, conditions pose a threat to life or property, and immediate personal protective action should be taken. A watch is issued when the risk of hazardous weather has increased significantly but its occurrence is still uncertain.

Tips to Prevent/Reduce Flood Damage

There are simple home improvements that residents of flood-prone areas can make to help themselves. Although many recommended measures require employing a contractor, some can be accomplished by homeowners. It is important to talk to the local building officials before starting any work. They will provide information on local standards and building codes.

- Relocate/elevate water heaters, furnaces, major appliances, electrical systems/equipment, and valuables.
- Install a septic backflow valve.
- Build interior and exterior floodwalls.
- Anchor your fuel tank.
- Know your gas, electric, and water shut-off locations:

LOCATION OF HOUSE SHUT-OFFS	
Water	
Gas	
Electric	

What is Mass 2-1-1?

MEMA (Massachusetts Emergency Management Agency) and the Council of Massachusetts United Ways continue to promote Mass 2-1-1 as the Commonwealth's primary telephone information call center during times of emergency. The easy to remember 2-1-1 telephone number will be utilized as a 24/7 resource for human service and public safety/disaster response and planning agencies. It was designed, in part, to reduce the number of non-emergency calls made to 9-1-1. If you are unable to reach 2-1-1 due to your telephone or cell carrier, a toll-free number is available: 1-877-211-MASS (6277); Hearing impaired: 508-370-4890 (TTY).

Family Emergency Communication Plan

Develop a 'Family Emergency Communication Plan' in case family members are separated from one another during an emergency such as a winter storm, hurricane, or an unexpected event (when family members may already be separated when the event occurs), and have a plan for getting back together.

Establish an out-of-state relative or friend to serve as the 'family contact'. During or after a disaster, it is often easier to call long distance, and this person can be used to facilitate communication between family members who are in the disaster area but unable to reach each other.

Supply Kit for Leaving Home (Evacuate)

Every household should have a Go Bag – a collection of items you may need in the event of an evacuation. This bag should be easily accessible and ready to go at all times, and be easy to carry. The Go Bag should contain:

- Copies of important documents in a waterproof and portable container (insurance cards, photo ID's, proof of address, etc.).
- Extra set of car and house keys.
- Credit and ATM cards and cash, especially in small denominations. \$50-100 is recommended.
- Bottled water and non-perishable food such as energy or granola bars.
- Flashlight with extra batteries.
- Battery-operated AM/FM radio and extra batteries.
- Medication and other essential personal items. If you store extra medication in your Go Bag, be sure to refill it before it expires.
- A list of the medications each member of your household takes, why they take them, their dosages and their prescription numbers.
- First Aid kit.
- Contact and meeting place information for your household, and a small regional map.
- Child care supplies or other special care items.
- Warm clothing – coats, mittens, and hats.
- Supplies for feeding and caring for any companion animals if they will be evacuating with you.

Supply Kit for Staying at Home (Shelter-in-Place)

If you have to stay at home or Shelter-in-Place during a disaster, keep enough supplies in your home to survive on your own for at least three days. Keep these materials in a clearly labeled (“For emergency only”) and easily accessible location, known to all family members. Check this kit for completeness and expiration dates every time you change your clock for daylight-savings times. This kit should include:

- One gallon of drinking water per person per day.
- Non-perishable, ready-to-eat canned foods and manual can opener.
- First-aid kit.
- Flashlight with extra batteries.
- Battery-operated AM/FM radio and extra batteries (or wind-up radios that do not require batteries).
- Whistle
- Iodine tablets or one quart of unscented bleach (for disinfecting water ONLY if directed to do so by health officials) and eyedropper (for adding bleach to water).
- Personal hygiene items: soap, feminine hygiene products, hand sanitizer, toothbrush and toothpaste, ect.
- Phone that does not rely on electricity.
- Child care supplies or other special care items.

Pre-Disaster Recommendations

If there is notification hours or days ahead of time that a disaster may occur, keep this information in mind:

- If electric power may be lost during the emergency, credit/ATM cards may not work. Withdraw a reasonable amount of money from the bank while there is still time.
- During the Fall, Winter, and Spring months, temperatures may fall to dangerously low levels at night. Ensure that your family has enough cold weather gear and blankets to safely manage this, or an alternative heating source. If you plan on using an alternative heating source, test the equipment before the disaster is expected, and also test your carbon monoxide detectors.
- During a widespread power loss, gas stations may not be able to pump gas. Ensure your vehicle has enough gas to reach your emergency evacuation locations, and ensure that if you plan on using a generator that it has a spare fuel supply.
- Establishing communications with your emergency contact before the disaster is important. Let them know your plan, and what to do if they do not hear from you.
- Keep cell phones charged. If you have a spare battery, make sure it is charged as well.
- If you expect the possibility of being confined to your home for more than a day, find reading materials, simple games, and other avenues of entertainment for children, adults, and animals.
- If your water supply could be affected by a power outage (a well-water pump system), fill your bathtub and spare containers with water. Water in the bathtub should be used for sanitation purposes only, not as drinking water. Pouring a pail of water from the tub directly into the bowl can flush a toilet.
- Set your refrigerator/freezer to the lowest setting possible ahead of time, and do not open them unnecessarily. This will ensure that they remain cold for as long as possible.